

# 2023 PROGRAM UPDATE



FEMA



# Our Origin Story

- Born from the ashes of the Loma Prieta Earthquake.
- The SFFD NERT was established as a force multiplier for the city's first responders.
- We are the help until the help arrives.



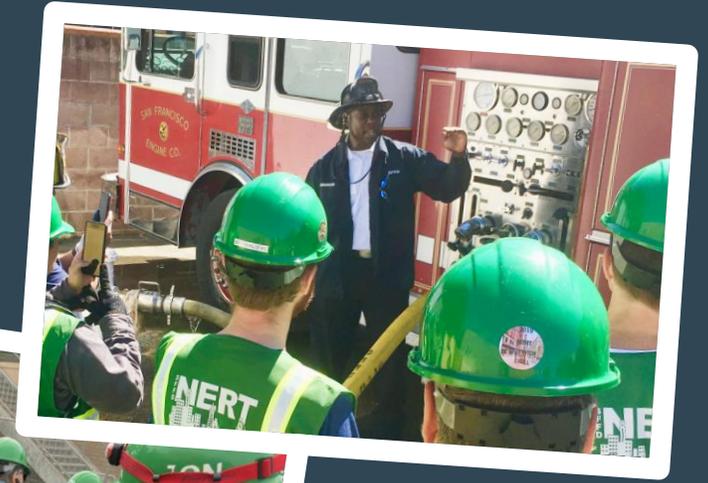
# Our Mission

- The mission of NERT is to help the residents of San Francisco survive a major disaster.
- This is done by building resilience within our neighborhoods and among its citizens.



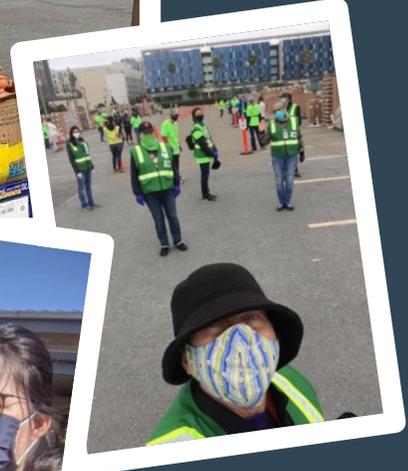
# NERT Program Today

- We volunteer as a trained and qualified emergency response team serving the SFFD.
- We deliver whole community preparedness for residents to enable their own resilience.



# Qualified Force Multiplier for The City

- 2017 Extreme Heat Event
- 2018-19 NorCal Fire Events
- 2020 COVID-19 Pandemic



**NERT Pandemic Field Guide**  
NERTs don't get hurt!

**Wellness Check**  
Please verify the absence of these symptoms for the last 14 days which are not explained by a pre-existing condition.<sup>1</sup>

- Fever greater than 100° F
- Cough
- Sore throat
- Difficulty breathing
- Feeling unusually weak or tired
- Unexplained muscle aches
- Loss of sense of smell or taste
- Runny or congested nose
- Diarrhea (3 or more loose stools / 24 hours)
- Eye redness +/- discharge (Pink eye, not allergy)

- No contact with anyone in quarantine or isolation in the last 14 days  
- Review current City Health Order to be sure wellness check details are current?  
- If you are in a vulnerable group, please stay safer at home.

**CPR**  
Is allowed, per American Heart Association directive, it should be "hands only" (no breaths)

**Hand Washing**

- Wash for 20 seconds with soap & water
- Use a hand sanitizer that contains at least 60% alcohol
- Avoid touching eyes, nose, and mouth

**Mask Protocol**

- Sanitize hands before donning & doffing the mask
- Must be a properly fitting N95, or 3x layer fabric, or surgical quality (knit & tuck)
- No exhaust valves, no gaffer/knit/mesh

**Physical Distancing**  
Stay at least six feet from people not from your household

**Contact Log**  
Keep a log of all people you work with in case contract tracing is needed

**Environmental Hygiene**

- All workspaces & any meetings must keep NERTs- 6 feet apart
- Keep tents/workspaces spart and unobstructed to allow ventilation
- The CDC recommends all workspaces be cleaned at the beginning & end of the event with a disinfecting solution<sup>2</sup>/wipe?
- Mix solution per bleach bottle instructor with a disinfecting solution<sup>2</sup>/wipe?
- Sanitize items and surfaces with disinfectant
- Sanitize commonly touched surfaces: wash stations, door handles, restroom
- Assume all spaces you encounter contain COVID-19, keep yourself as your first line of defense
- Be sure all used PPE, etc. are placed in a sealed container for proper disposal



# Challenges We Face

- A small budget with a significant need
- A population in flux
- A program that serves everybody



# Let's Create a Resilient & Equitable Future

- Foster program capacity
- Teen NERT Training
- Increase our cultural competency
- Map your Neighborhood
- SF Ready - Disaster Preparedness



# The NERT Value Proposition



*A dollar of prevention can save 15 dollars of recovery!*

**NERT needs funding to address the challenges our city faces**

